Counseling Programs

Adult Counseling Services
Provides counseling, medication monitoring, support groups, supportive employment, evidence-based housing, and a homeless drop-in center
- Served 3,875 adults with severe and persistent mental illness with recovery-focused counseling in 2008
- Nearly 80% of our adult outpatient clients have annual incomes less than $10,000
- 95% reduction in psychiatric hospitalization compared to pre-service among those we serve who complete their treatment with us
- State's largest number of bilingual counselors
- Go-Getters homeless drop-in center serves 75 adults a day
- On-site primary care and pharmacy services at Waterman clinic

Family Literacy
Helps children and parents improve reading, writing, and language skills, while teaching parents to become full partners in educating their children
- 300 families were enrolled in 2008
- Our program is best in the nation in outcomes of parents reading to their children, parents supporting their children’s academic achievement, and parents expecting their children to graduate from high school and then complete college
- 98% of children reach learning benchmarks within one year
- 98% of adults demonstrate advancement in Learning English as a Second Language

Children, Youth and Family Services
Provides individual and family services for children and youth with serious emotional disorders and works with juvenile court, schools, and agencies to serve adjudicated youth in Wayne County
- Provided 566 children individual and family counseling in 2008
- Four out of five families in counseling achieve their goals
- 89% of children report feeling better and have improved in school, at home, and in their social relationships
- Juvenile justice program services referred by juvenile court
- 98% of adjudicated youth served did not reoffend

Supportive Housing
Serves those who were homeless by providing permanent housing and needed support services
- Helped 400 chronically homeless persons and families obtain housing in past four years
- 98% of those we helped get into housing have remained in permanent housing for a year or more
- 92% success rate in housing homeless individuals with mental illness or addiction – the best among comparable programs nationwide
- Reduced psychiatric hospital usage by 91%
Southwest Solutions is nationally recognized as a model of comprehensive community building – as a leading provider of both human services and housing and economic development. We are passionate about building community because it is such a potent force. When communities are strong, crime is deterred, families and businesses thrive, and schools are successful. And so, just as we interweave with services to help an individual or family become healthier and stronger, we interweave to create community – by revitalizing the neighborhood, by training leaders, and by aligning with others around a shared vision for southwest Detroit. We are dedicated to excellence, innovation, and efficiency in every aspect of our organization, and have been honored with many awards and significant acclaim, including our being named “Best Managed Nonprofit” by Crain’s Detroit Magazine. We invite you to stand with us as we work together to improve the lives of children, youth, families and adults in southwest Detroit.

– Seth Lloyd, Chairperson of the Southwest Solutions’ Board

Southwest Solutions is a leader in the planning, development, and management of affordable housing and commercial property in southwest Detroit and in surrounding communities. Our mission is to revitalize our community through collaborative, innovative and high-quality projects, and by promoting homeownership. We provide housing to low and moderate-income residents, including the homeless and people with disabilities. We also stimulate commercial and cultural development through mixed-use projects.

__Southwest Counseling Solutions__

__Enabling Health, Inspiring Hope__

Southwest Counseling Solutions encompasses a broad range of programs for children, youth, adults and families. All these programs provide services that enable and empower individuals and families to change their lives toward a healthier and more hopeful future. In each of our four Centers of Excellence – Adult Counseling Services, Family Literacy, Supportive Housing, and Child, Youth and Family Services – Southwest Counseling Solutions is recognized as an experienced leader, delivering proven and effective results.

### Boards of Directors

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- Angela Espino, Secretary
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**SOUTHWEST SOLUTIONS**

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**EXECUTIVE STAFF**

- John Van Camp, President
- Lorna Hardy-Foster, Executive Director of Administrative Service Organization
- Bob O'Brien, Vice-President for Development
- Joseph Tetzlaff, Executive Director of Southwest Counseling Solutions
- Timothy Thalheimer, Executive Director of Southwest Housing Solutions

**People we served in 2008**

- Homemone Services: 1400
- Tenants housed: 1300
- Counseling programs: 3200
- Child, Youth and Family Services: 1000
- Family Literacy: 600

**INCOME**

- Carnival Network 6,478,396
- Developer Fee Income and Architectural Services 2,713,274
- Bridgewy Services 2,682,175
- State of Michigan 195,343
- Detroit-Wayne County Community Mental Health 3,750,850
- US Department of Housing and Urban Development 2,656,563
- Department of Education 446,225
- Federal Block Grants 496,794
- Department of Human Services 509,106
- Migr & Maintenance Fees 649,332
- Client Fees and Insurance 361,567
- Rental Activity 218,603
- City of Detroit Grants 117,629
- Wayne County Youth Assistance 180,470
- Charitable Contributions 533,508
- Foundation Grants 300,761
- Miscellaneous Grants and Revenues 1,541,787

**Total Revenue**

24,036,547

**EXPENSES**

- Salaries and Wages 5,678,390
- Fringe Benefits 2,911,427
- Program Expenses 1,237,641
- Administrative Expenses 3,574,116

**Total Expenses**

23,307,173

**RESERVES**

Net Operating Income (Loss) 729,374

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Linda West

**Housing and Real Estate Development**

- Providing Housing, Promoting Homeownership

- Adult Counseling Services
- Family Literacy
- Children, Youth and Family Services
- Supportive Housing

**Housing Opportunity Center**

- Housing and Real Estate Development
- Property Management
- Resident Services
- Housing Opportunity Center